**Student Guide: Healthy, Wealthy and Wise: What are costs and benefits of social distancing?**

A Lesson in:

* Consumer Information
* Consumer Research
* Consumer Decisions

**Your Thoughts Before Reading:**

1. Social distancing isn’t new. According to Kate, Vaught, and Simmens (2019) social distancing, a recommended response to a health epidemic, is the practice of limiting personal contact to prevent the spread of infections.To find out more about social distancing, view the CBC video. What is it? Why is social distancing being recommended?

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**During Reading:**

1. Now, read the Tampa Bay Times article on the do’s and don’ts of social distancing. While you read, record their suggestions below and then use article other online sources.

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| **Article** | **Do’s** | **Don’ts** |
| **Tampa Bay Times** |  |  |
| **Other sources** |  |  |

**After Reading:**

1. During these troubling times, you and your friends/family might have to make some decisions about attending events. Use the Consumer Reports article to find some suggestions. What do you think?

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1. Now, participate in a decision-making activity. What are the Costs and Benefits of the choices: To Distance or Not to Distance

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| **Social Distancing**  **Choices** | **Costs** | **Benefits** |
| **To Distance** |  |  |
| **Not to Distance** |  |  |

1. Evaluate the costs and benefits of social distancing. What are some of the future unintended consequences of spreading the virus to vulnerable people? What are some of the possible economic consequences of social distancing?

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1. Spread the news, not the achoos! That is a potential slogan for a meme or other social media post. Create your own meme by using an online meme generator or download the free Chatterpix app ([App Store](https://apps.apple.com/us/app/chatterpix-kids/id734046126)) or ([Google Play)](https://play.google.com/store/apps/details?id=com.duckduckmoosedesign.cpkids&hl=en_US) to make a talking meme.